

Growth Assessment & Coding for Malnutrition in the NICU

Internet Enduring Material

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Content was originally presented as part of the Pediatrix Neonatology Grand Rounds series on June 1, 2022.

Accreditation

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Time to Complete

The estimated time for completion of this Internet Enduring Material is 65 minutes.

Target Audience

This presentation is intended for physicians, advanced practice providers, and other clinicians practicing within the Neonatology specialty.

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Disclosure of Relevant Financial Relationships

Leah Goldstein, RD and David Kanter, MD, faculty for this educational activity, have no relevant financial relationships with ineligible companies to disclose. *FDA Disclosures: none reported.*

Timothy Biela, MD, Nicole Brenson, Jaya Sariga, NNP-BC, planners of this educational activity, have no relevant financial relationships with ineligible companies to disclose.

Commercial Support

There is no commercial support for this educational activity.

Overview

There is currently a wide range of skill and comfort-level in using a growth chart to properly assess anthropometric gain trajectories. This presentation will offer an overview of how to best incorporate growth measurements into your daily assessments. Furthermore, the validated malnutrition diagnoses for the preterm and neonatal patient are new and underutilized. This presentation will offer an overview and background into the utility of employing these diagnoses.

Objectives

At the conclusion of this activity, the participant will be able to:

- Utilize the appropriate growth chart to enhance their assessments of neonates.
- Use the most accurate weight gain goals to assess the adequacy of the baby's weight gain trajectory.
- Apply malnutrition diagnoses for their neonatal patients, when appropriate.

ACGME/ABMS Competencies

- Patient Care & Procedural Skills
- Medical Knowledge

IOM Competencies

- Provide patient-centered care
- Work in interdisciplinary teams
- Employ evidence-based practice

Participation and Credit

Participants are expected to review all content in the video, access reference materials as needed for additional self-directed learning, take and score 75% or greater correct on the post-test, and complete the evaluation in order to earn *AMA PRA Category 1 Credit(s)*[™], or nursing contact hour(s).

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Contact

Should you have any questions or concerns, please contact us at continuing.education@pediatrix.com